



October 2024

	TUESDAY 10/01	WEDNESDAY 10/02	THURSDAY 10/03	FRIDAY 10/04
	Roasted Turkey w/ Gravy Mashed Potatoes Garden Vegetables Banana	Pulled Pork Sandwich Oven Roasted Potatoes Green Beans MOW Cake	Swiss Steak Cheddar Mashed Potatoes Carrots Applesauce	BBQ Chicken Breast Sweet Potatoes Broccoli Orange
MONDAY 10/07	TUESDAY 10/08	WEDNESDAY 10/09	THURSDAY 10/11	FRIDAY 10/12
Turkey Burger w/ Cheese Baked Beans Green Beans Fig Newton Cookies	Beef Stew Biscuit Pudding	Lasagna Cauliflower Apple	Chicken & Broccoli Rice Pilaf Peas & Carrots MOW Cookie	BBQ Pork Riblet Seasoned Potatoes Waxed Beans Fig Newton Cookies
MONDAY 10/14	TUESDAY 10/15	WEDNESDAY 10/16	THURSDAY 10/17	FRIDAY 10/18
Chili Con Carne Corn Bread Carrots Brownies	Sausage, Peppers & Onions Oven Roasted Potatoes Spinach Mixed Fruit	Meatloaf Mashed Potatoes Peas MOW Cupcake	Chicken Cheesesteak Baked Potato Broccoli Applesauce	Macaroni & Cheese Stewed Tomatoes Green Beans Pineapple Chunks
MONDAY 10/21	TUESDAY 10/22	WEDNESDAY 10/23	THURSDAY 10/24	FRIDAY 10/25
Swedish Meatballs Egg Noodles Garden Blend Vegetables Banana	Orange Asian Chicken Brown Rice Harvest Blend Vegetables MOW Cookie	Roast Pork w/ Gravy Au Gratin Potatoes Carrots Jello	Chicken Cordon Bleu Garlic Potatoes Malibu Blend Vegetables Pudding	Ham & Scalloped Potatoes Capri Vegetables Orange
MONDAY 10/28	TUESDAY 10/29	WEDNESDAY 10/30	THURSDAY 10/31	
Sausage, Egg & Cheese Muffin Apple Compote MOW Coffee Cake	Philly Cheesesteak Parsley Potatoes Beets Peaches	Fish Sandwich Oven Roasted Potatoes Carrots Orange	Chicken Nuggets Garlic Mashed Potatoes Green Beans Liz's Halloween Treat	